

Cafferata Connection

Hector A Cafferata Jr. Elementary • November 2017

Let the Games Begin!

Your child will be involved in a fun Field Day that will include only dry activities. Please apply sunscreen on your child before he/she comes to school and send him/her in with the following items: a hat, sunglasses, water bottle (with his/her name on it).



SNEAKERS ONLY! Uniforms are not required on this day; however, students must wear school appropriate t-shirts and appropriate length shorts. Kona Ice for sale: \$3-\$6! Refill with color changing collectible cups - \$3.

<u>Date</u>	<u>Time</u>	<u>Grades</u>
Nov. 20th	8:30-11:00	3-5
Nov. 21st	8:30-11:00	K-2

Parents come join your child on Field Day! Please check in at the main office with your identification card, get a visitors pass and join us at the PE pavilion for lots of fun!!!

Avoid a Surprise at Report Card Time

It's bad enough when a child brings home a bad report card. It's even worse when poor grades catch a parent by surprise. You may say and do things you might regret. One of the best ways to avoid surprises and support your child's learning is to stay up-to-date with what's happening at school. Make it a point to:

- **Check daily** assignments and papers your child brings home.
- **Be available** when your child does homework or review it on your return home.
- **Note any** problem areas and offer support.
- **Chat informally** with your child about school.
- **Listen closely.** The stories or anecdotes your child shares will reveal a lot.
- **Keep in touch** with the teacher. Call if you have concerns. Encourage the teacher to be comfortable calling or dropping you a line.

November 2017

- 8th** Interim Reports
- 9th** McTeacher Night @ McDonald's 3pm-6pm
- 10th** Veteran's day
School is in session
- 16th** Papa Johns Pizza Night
- 20th** Field Day 3rd—5th grade
- 21st** Field Day Kdg—2nd
- 22nd-** Thanksgiving Break
- 24th** No School



Translations

If you need to speak with someone in Spanish whether on the phone or in the office, our translators are available 8 am - 8:30 am and then again 12:45 pm - 1:20 pm.



HECTOR A. CAFFERATA, Jr. ELEMENTARY

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Follow us on Twitter
@Cafferata_Elem

We are on the web!
www.hac.leeschools.net



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Character Education Word of November is

Citizenship and Patriotism

*Ask yourself, "What are my responsibilities within my neighborhood or in my community that I can do to demonstrate good citizenship?"

*You can model good citizenship by allowing your children to observe you:

- Following the rules and laws.
- Being aware of, recognizing and accepting cultural and individual differences.
- Respecting Individual rights.
- By taking leadership roles in the community.
- By following others who are in leadership roles.
- By working cooperatively with others.



**United Way Campaign
Celebrating 60 years
of Living United**

United Way Program Assistance includes:

- Blessings in a Backpack (food for Lee County families in need)
- Abused and Sheltered Women and Children
- Red Cross assistance
- Learning for Life Program
- Volunteers for Reading Programs
- Big Brother/Big Sister
- Beacon of Hope in Pine Island
- Boys and Girls Club
- Brightest Horizon's Childcare Program
- Children's Advocacy Center
- Deaf and Hard of Hearing Center
- Harry Chapin Food Bank
- Literacy Council Gulf Coast
- New Horizons of SW FL

PARENT INVOLVEMENT

How Much is Enough?

When it comes to sleeping, there is always this one question, "How much sleep do I need?" The amount of sleep an individual need is personal. Someone sleeps 4 hours a night and still manages to complete tasks through the day successfully. Some say that successful people need only 6 hours of sleep to function 110%.

The infographic you will see below has been revealed by the National Institute of Sleep and it reflects on a 24-hour period. Keep in mind that this is the total sleep you get during a 24-hour period. So, if you took a 30-minute nap that counts, too!

