

Cafferata Connection

Hector A Cafferata Jr. Elementary • September 2016

PRINCIPALS OFFICE

From Mr. Moreland,

As we start off the new school year, I would like to mention two items we use for communication: ParentLink and Twitter. These programs provide you with two easy ways to make sure you always know what is happening here at Cafferata Elementary.



ParentLink is an app that can be downloaded for free on both Apple and Android devices. It will provide immediate access to both students specific information like attendance and lunch account balances. The app will also provide a method of communication through the phone, text and a message feature in the app itself. You can get information about the app & access to log into ParentLink from our school website under Quick Links and the Parent Portal.

Cafferata Elementary has its own Twitter account. We utilize Twitter to send out announcements and pictures of some of the many great things that are happening on campus throughout the school year. This app is available for free on both Apple and Android devices. Follow us on Twitter -- @Cafferata_Elem

I hope you all have a great year.

Wes Moreland

Cafferata's Back to School Spirit Night

Mike Greenwell's
35 NE Pine Island Rd
Cape Coral, FL 33909

September 23rd 5pm—10pm
\$15.00 wristbands (unlimited
rides)

Includes ALL Midway rides, Mini
Golf, Go—Carts & Batting Cages.
(Arcade is not included.)

Questions?

Contact Heather Minore by
email at
Heatherami@leeschools.net

September 2016

5th Labor Day—No School

14th Cub Scout Recruitment
6:30pm –7:30 pm

15th Books & Breakfast
First Grade 8am-9am

20th SAC Meeting
2:45pm — 3:45pm

21st Fall Pictures

23rd Mike Greenwell's
5pm—10pm

Translations

If you need to speak with someone in Spanish whether on the phone or in the office. Our translators are available 8 am - 8:45 am and then again 12:40 pm - 1:20 pm.



**HECTOR A.
CAFFERATA, Jr.
ELEMENTARY**

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Wes Moreland
Principal

Kimberly Molhem
Assistant Principal

Follow us on Twitter
@Caferata_Elem

We are on the web!
www.hac.leeschools.net

Heather Minore
**Parent Involvement
Specialist**
239.458.7391
heathemi@leeschools.net
I want to encourage you to contact me if you have any suggestions or questions.
I am here to help support you and your children!

Box Tops for Education



Box Tops for Education has helped schools earn over \$475 million since 1996. You can earn cash for your child's school by clipping Box Tops coupons from hundreds of participating products. Box Tops also offer easy ways to earn even more cash for your school online. So please clip those Box Tops and send them in with your child.

First Grade Books and Breakfast



First grade is hosting a "Books and Breakfast" for the first grade students and their parents. It will take place on Thursday, September 15, 2016. It will begin at 8 am and end at 9am. It will be held in your child's classroom. Hope to see you there!



Character Education Word of September is

Acceptance

Ways to help your child understand what acceptance means:

- *Model consideration for individual differences, views and beliefs of other people.
- *Inspire them to take winning and losing without bragging or complaining
- *Model polite, courteous and civil attitude behavior towards others in words and actions
- *Remind them to be aware of others' feelings; to be tolerant and forgiving



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PARENT INVOLVEMENT

PARENTS: Be Involved!

“When parents are involved in children’s learning, at school and at home, schools work better and students learn more.”

---Project Appleseed---

Here are a few things you can do to be involved with your children’s learning at school and at home:

- * Talk with your child about school and their school work; LISTEN MORE, talk less.
- * Turn off the TV! Set aside quiet time for homework.
- * Make sure your child eats well and gets plenty of sleep.
- * Ask questions of your child and the teacher(s).
- * Visit your child’s school and classroom. Attend meetings, teacher conferences and special events at the school.
- * Volunteer at school, if possible.
- * Love and praise your child every day.

Five Unwavering Truths about Discipline

- 1. Discipline means “to teach”**—it does not mean “to punish.” It should be done with love.
- 2. Consistency is key.** For discipline to be effective, it must be enforced consistently. In other words, this morning’s rules should also apply this afternoon.
- 3. Be patient.** No discipline strategy works all the time—but that doesn’t mean the strategy isn’t working overall.
- 4. Children need and want limits.** Effective discipline doesn’t stifle kids—it gives them a strong, dependable foundation from which to grow and mature.
- 5. Effective discipline is less about correcting** what your child does wrong and more about celebrating what he does right. The more you praise and reinforce the good things he does, the more he’ll want to do the right things.

PTO members wanted!

We have an exciting year planned for our Cafferata family and we could use your help and ideas!
Please join us September 19th @ 6:00 pm for our PTO ice cream social.
Invitations will be coming home soon!

Beginning with the October newsletter all publications will be available in both English and Spanish on our school website at www.hac.leeschools.net.

If you would like to receive a physical copy of our monthly newsletter, please complete the information below and return to your child’s teacher no later than **September 18th**.

Eldest Child’s name: _____ Teacher’s name: _____
_____ English version _____ Spanish Version



PE Connection



Special Events: Fitness gram Testing for grades 3-5 beginning September 6th
Dress Code for PE: (YOUR CHILD HAS PE EVERY OTHER DAY THIS YEAR)



All students must be wearing sneakers and if they have shoe laces, they must be tied on the outside (this is a safety concern).



Also, if girls are wearing jumpers or skirts, they are required to have shorts on underneath. This is not only a PE dress code requirement but a school one as well.

Excuses from PE:

Per the Lee County School District, we will only be accepting doctors' notes to excuse your child from PE. This is due to the District following the Florida law that all elementary students are required to have 150 minutes per week in addition to 15 minutes for recess.

The following items should either be sent with your child or be applied to prevent too much sun exposure:

1. A water bottle (with water only) and their name on the bottle - we encourage the students not to share water bottles.
2. Sunglasses and hats.
3. Sunscreen applied before your child comes to school.
4. Lightweight and light color clothing.

PE Homework:

Be Active at least 4 days a week any aerobic type activity for at least 45-60 minutes (aerobic type is any activity that gets their heart beating faster - jumping rope, jumping on a trampoline, walking, running, playing tag games, riding a bicycle, swimming, roller blading)

Contact:

Please contact me with any concerns or questions - Linda Altman, LindaAA@LeeSchools.net